

Working from home - Year 10 Programme of Study

	Monday	Tuesday	Wednesday	Thursday	Friday
9am - 10am	Maths lesson 1 - you will be able to access lessons on Microsoft Teams	Maths lesson 2 - you will be able to access lessons on Microsoft Teams	Maths lesson 3 - you will be able to access lessons on Microsoft Teams	Maths lesson 4 - you will be able to access lessons on Microsoft Teams	Maths lesson 5 - you will be able to access lessons on Microsoft Teams
10am - 11am	Science lesson 1 - you will be able to access science lessons on Microsoft Teams	Love to Read – spend this time reading	Science lesson 2 - you will be able to access science lessons on Microsoft Teams	Love to Read – spend this time reading	Science lesson 3 - you will be able to access science lessons on Microsoft Teams
11am - 11.30am	Break time: Have a break, do some exercise, read a book, chat to your family				
11.30am - 12.30pm	English lesson 1 - you will be able to access English lessons on Microsoft Teams	English lesson 2 - you will be able to access English lessons on Microsoft Teams	English lesson 3 - you will be able to access English lessons on Microsoft Teams	English lesson 4 - you will be able to access English lessons on Microsoft Teams	English lesson 5 - you will be able to access English lessons on Microsoft Teams
12.30pm - 1.15pm	Lunch time: Eat something healthy, have a break from staring at a screen!				
1.15pm - 2.15pm	Option 1 Lesson 1 - you will be able to access lessons on Microsoft Teams	Option 3 Lesson 1 - you will be able to access lessons on Microsoft Teams	Option 1 Lesson 2 - you will be able to access lessons on Microsoft Teams	Option 2 Lesson 2 - you will be able to access lessons on Microsoft Teams	Option 4 Lesson 2 - you will be able to access lessons on Microsoft Teams
2.15pm - 3pm	Option 2 Lesson 1 - you will be able to access lessons on Microsoft Teams	Option 4 Lesson 1 - you will be able to access lessons on Microsoft Teams	Love to Read – spend this time reading	Option 3 Lesson 2 - you will be able to access lessons on Microsoft Teams	Love to Read – spend this time reading